

CV

EMELIE STRAND ADOLFSSON

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Date of birth: 14 May 2000

EMPLOYMENT HISTORY

Breakfast Host | Scandic Lugnet — Falun, Sweden

June 2026 – August 2026

- Responsible for breakfast service, dishwashing and kitchen duties.

Scare Actor | Gröna Lund — Stockholm, Sweden

October 2025 – November 2025

- Performed as a character in House of Nightmares.

Breakfast Host | Scandic Lugnet — Falun, Sweden

September 2024 – August 2025

- Responsible for breakfast service, dishwashing and kitchen duties.

Boat Hostess | Slussbruden Rederi AB — Falun, Sweden

May 2018 – Present (seasonal, summers)

- Worked as a waitress, bartender and kitchen assistant.
- Worked as a deckhand and member of the vessel's safety crew.
- Responsible for alcohol service and restaurant operations.

Waitress | Café Slussvaktaren — Falun, Sweden

June 2020 – Present (seasonal, summers)

- Worked as a waitress, bartender, dish collector and kitchen assistant, and helped with mini-golf operations.
- Responsible for service, alcohol service and restaurant operations.

Gymnastics Instructor | Falu GK — Falun, Sweden

August 2017 – 2021

- Led artistic gymnastics classes for children aged 6–9 and 9–13.
- Led children's gymnastics classes for ages 4–6.
- Led family gymnastics sessions for children aged 0–3 and their families.
- Substituted for other groups when required.

Waitress / Head Waitress | Restaurant Blackstone — Falun, Sweden

October 2019 – August 2021

- Worked as a waitress and bartender.
- Acted as head waitress when required.
- Responsible for alcohol service.

Scare Actor | Furuvik — Gävle, Sweden

October 2024 – November 2024

- Performed as a character in "Passagen".

EDUCATION AND TRAINING

Upper Secondary Arts Programme, Music | Lugnetgymnasiet — Falun, Sweden

August 2016 – June 2019

- University-preparatory programme.
- Main instruments: saxophone and drums.



Basic Course in Children and Youth Gymnastics | Swedish Gymnastics Federation —
September 2018

Music Studies (60 higher education credits) | Ingesund School of Music — Arvika, Sweden
August 2021 – June 2022

- Classical saxophone, jazz drums, composition, wind orchestra and choir.

Standalone Courses | Ingesund School of Music — Arvika, Sweden
August 2022 – June 2024

Studio Engineering | Ingesund Folk High School — Arvika, Sweden
August 2023 – June 2024

Game Audio | Audio Production Academy — Stockholm, Sweden
August 2025 – Present

- Sound design and composition.
- Audio implementation using Wwise and FMOD.

INSTRUMENT EXPERIENCE

Saxophone — 16 years (alto saxophone, baritone saxophone)

Percussion — 14 years (drum kit, marimba, xylophone and congas)

DRIVING LICENCE

Category B — car

LANGUAGES

Swedish: Native

English: Very good spoken and written proficiency

Spanish: Basic proficiency

REFERENCES

Mats Göransson	Slussbruden Rederi AB	+46 70 638 50 24
Christian Bergenholtz	Slussbruden / Blackstone	+46 73 932 64 17
Therese Östberg	Café Slussvaktaren	+46 70 628 07 38
Ingela Balstadsveen	Falu GK	+46 73 659 94 94